



Acknowledgement of Risk, Waiver and Release of Liability

WARNING: THIS DOCUMENT WILL AFFECT YOUR LEGAL RIGHTS, PLEASE READ IT CAREFULLY!

Members of Providence Fitness must be over the age of 18, or must have a parent or guardian sign and supervise the minor at all times. Every participant must read and understand this Acknowledgement, Waiver and Release of Liability prior to participating in athletic activities. Every participant is advised to consult with their physician before engaging in the athletic activities.

The undersigned (the "member") hereby enters into this Agreement with and for the benefit of Providence College and Seminary, its directors, officers, employees, volunteers, and agents.

1. "Athletic Activities" shall include, but not be limited to, all personal training instruction and activities, use of facilities, fitness and exercise programs and services provided to the member by Providence College and Seminary or their agents.
2. The Member acknowledges and understands that there are inherent and significant risks associated with participation in athletic activities, including (but not limited to) the potential for serious personal injury caused by any event or any condition of the facilities or equipment provided by Providence College and Seminary, and health risks. The Member understands that such risks are relative to Participant's level of fitness and health (physical, mental, and emotional), and to the awareness, care and skill which the Member demonstrates while participating in the athletic activities.
3. The Member Hereby accepts and assumes all responsibility for all risks and possibilities of personal injury, death, property damage or loss resulting from his/her participation in the athletic activities, including accidents or injuries that occur within the facilities (fitness centre, locker rooms, restrooms, etc). The facilities and programs offered by Providence College and Seminary have been designed and established to provide the optimum level of beneficial exercise and enjoyment without compromising the health and safety of those who utilize the facilities or participate in the athletic activities. Due to the nature of the athletic activities and the equipment that is often an integral part of such activities, there is an inherent risk of injury. This results in a practical limitation being placed on Providence College and Seminary in its effort to prevent injuries to participants, whether actively participating in athletic activities, utilizing the equipment or taking advantage of the other facilities. The Participant freely accepts these risks and agrees to the terms of this Waiver and Release, even if Providence College and Seminary is found to be negligent or in breach of any duty of care or any obligation to the Participant with respect to his/her participation in athletic activities.

Members Signature

Date